

A photograph of an older man and woman smiling and embracing each other outdoors. The man is on the left, wearing a light blue button-down shirt, and the woman is on the right, wearing a denim jacket over a teal top. They are both looking at each other and smiling warmly.

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HERMANN
Health Plan
MEDICARE ADVANTAGE PLANS

**2023 GOLDEN TRIANGLE HMO
SUMMARY OF BENEFITS**

Memorial Hermann *Advantage* Golden Triangle HMO

H7115, Plan 004

January 1, 2023 - December 31, 2023

This Summary of Benefits documents provides an outline of health and drug services covered by **Memorial Hermann *Advantage* Golden Triangle HMO** January 1, 2023 to December 31, 2023.

Memorial Hermann *Advantage* Golden Triangle HMO is provided by Memorial Hermann Health Plan, Inc., a Medicare Advantage organization with a Medicare contract. Enrollment in this plan depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please call us and request the "Evidence of Coverage."

To join **Memorial Hermann *Advantage* Golden Triangle HMO**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Texas: Jefferson and Hardin.

Except in emergency situations, if you use the providers that are not in our network, we may not pay for these services.

For coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

This document is available in other formats such as Braille, large print, audio, or non-English language.

This information is not a complete description of benefits. Call (855) 645-8448 (TTY users should call 711), for more information or visit us at <http://healthplan.memorialhermann.org/medicare/>. Hours of operation between October 1st and March 31st are 8 a.m. to 8 p.m., 7 days a week. Hours of operation between April 1st and September 30th are 8 a.m. to 8 p.m., Monday through Friday.

Memorial Hermann Advantage Golden Triangle HMO

Summary of Benefits	What You Will Pay
Monthly Plan Premium	\$0 per month You must continue to pay your Medicare Part B premium.
Deductible	\$0 deductible for medical
Part D Deductible	\$0 deductible for Part D prescription drugs
Maximum Out-of-Pocket Responsibility (<i>does not include prescription drugs</i>)	You pay no more than \$3,400 annually. Includes copays and other costs for medical services for the year.
Inpatient Hospital	
Inpatient Hospital stay	\$350 copay
Prior authorization rules may apply.	
Outpatient Hospital Services	
Ambulatory Surgical Center (ASC)	\$125 copay
Outpatient Surgery	\$125 copay
Outpatient Hospital Observation services	\$125 copay
Prior authorization rules may apply.	
Doctor Visits	
Primary Care Provider (PCP)	\$0 copay
Specialists (No referral is needed.)	\$25 copay
Telehealth Provider visit with PCP or Specialists	You pay the same copay for Telehealth visits as you do for in-person office visits.
Memorial Hermann Virtual Office Visit https://www.memorialhermann.org/services/specialties/virtual-care/virtual-office-visit	\$0 copay
Virtual visits exclusively through Teladoc	\$0 copay

Summary of Benefits	What You Will Pay
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Preventive Care

- Abdominal aortic aneurysm screening
- Annual wellness visit
- Bone mass measurement
- Breast cancer screening
- Cardiovascular disease testing every 5 years
- Cervical and vaginal cancer screening
- Colorectal cancer screening
- Depression screening
- Diabetes screening
- Hepatitis C screening
- HIV screening
- Lung cancer screening
- Medical nutrition therapy
- Medicare Diabetes Prevention Program (MDPP)
- Obesity screening and therapy
- Prostate cancer screening
- Screening and counseling to reduce alcohol misuse
- Screening for sexually transmitted infections (STIs)
- Tobacco use cessation counseling
- Vaccines for flu, Hepatitis B, COVID-19, and pneumonia
- “Welcome to Medicare” preventive visit

\$0 copay

Please see your Evidence of Coverage for more information about these Medicare-covered preventive services.

Emergency and Urgently Needed Services

Emergency care

\$125 per visit

This copay is waived if admitted within 48 hours.

Worldwide Emergency care

\$125 per visit

This copay is waived if admitted within 48 hours.

Worldwide Emergency Transportation

20% coinsurance

Urgently Needed services

\$25 per visit

Coverage is worldwide.

\$50,000 USD maximum benefit for worldwide emergency.

Summary of Benefits	What You Will Pay
Ambulance	
Ground Ambulance (one-way)	\$250 copay
Air Ambulance (one-way)	20% coinsurance
Prior authorization is required for non-emergency Medicare services.	
Diagnostic Services/ Labs/Imaging	
Medicare-covered Therapeutic Radiology visit	\$25 copay per diagnostic test or procedure
Lab services	\$0 copay for lab services
X-rays	\$0 copay for x-rays
Complex Diagnostic Imaging services (MRI, CT, PET)	\$150 copay per test/service
Prior authorization is required for some services.	
Mental Health Services	
Inpatient Mental Health care	\$350 copay per stay
Outpatient individual therapy or group therapy visit with a non-physician provider	\$0 copay
Outpatient individual therapy or group therapy visit with a Psychiatrist	\$25 copay
Prior authorization rules may apply.	
Rehabilitation Services	
Physical Therapy, Occupational Therapy, and Speech and Language Therapy	\$35 copay
Cardiac Rehab services	\$0 copay
Pulmonary Rehab services	\$0 copay

Summary of Benefits	What You Will Pay
Chiropractic Care	
Manual manipulation of the spine to correct subluxation	\$20 copay
Acupuncture	
For the treatment of chronic lower back pain	\$35 copay
Skilled Nursing Facility	
Days 1 - 20	\$0 copay
Days 21 – 100	\$125 copay
Prior authorization rules may apply.	
Home Health Care	
Medicare-covered Home Health visit	\$0 copay
Home-based Palliative care	\$0 copay
Prior authorization rules may apply.	
Home Infusion Therapy	
Medicare-covered home infusion therapy, including chemotherapy, anti-infectives, and other specialty medications to treat various conditions	20% coinsurance
Prior authorization is required for Medicare Part B drugs over \$1,000.	
Hospice	
Covered services include drugs for symptom control and pain relief, short-term respite care, and home care.	Covered
Prior authorization rules may apply.	

Summary of Benefits	What You Will Pay
Diabetic Services and Supplies	
Medicare-covered Diabetic Supplies	20% coinsurance
Diabetes self-management training	0% coinsurance
Preferred exclusive brands of glucometers and test strips (One Touch by Life Scan and Accu-Chek by Roche)	0% coinsurance
Medicare-covered therapeutic custom-molded shoes or inserts	20% coinsurance
Continuous Glucose Monitors (CGM) are limited to our preferred manufacturers, DexCom G6 and Freestyle Libre. We may only cover other brands and manufacturers if your doctor or other provider tells us that the preferred brand is not appropriate for your medical needs.	20% coinsurance for the preferred CGM brands at a network pharmacy (retail) All other brands are excluded.
Durable Medical Equipment (DME)	
Covered items include, but are not limited to: wheelchairs, crutches, powered mattress systems, diabetic supplies, hospital beds ordered by a provider for use in the home, IV infusion pumps, speech generating devices, oxygen equipment, nebulizers, and walkers.	20% coinsurance
Wigs for chemotherapy patients Prior authorization rules may apply.	\$0 copay
Transportation	
Includes taxi, rideshare services, bus, subway, van, and medical transport.	Up to 10 plan-approved one-way transports to health-related locations per year
Meals	
Meals provided immediately following inpatient hospitalization discharge.	Up to 10 meals delivered per hospital discharge
Over-the-counter (OTC) Items	
The Plan reimburses for certain OTC items every 3 months.	\$40 maximum reimbursement per quarter

Summary of Benefits **What You Will Pay**

Dental Services

<p>\$2,500 annual maximum plan benefit</p> <p><u>Preventive Services</u></p> <ul style="list-style-type: none"> ○ Oral Exam (every 6 months) ○ Prophylaxis (Cleanings) (every 6 months) ○ X-rays (every 6 months) ○ Fluoride Treatments (every 6 months) <p><u>Comprehensive Services</u></p> <ul style="list-style-type: none"> ○ Diagnostic ○ Extractions ○ Restorative (fillings, bridges) ○ Endodontics (root canal) ○ Periodontics (scaling, root planing) ○ Non-routine services ○ Prosthodontics (dental appliances, dentures) ○ Other Oral/Maxillofacial Surgery ○ Other services <p>Dental benefits are provided by Liberty Dental. To search for a provider, visit their website at: https://client.libertydentalplan.com/MemorialHermannMedicare/FindADentist</p>	<p>\$0 copay for Preventive services from a network provider</p> <p>20% coinsurance for Preventive services from a non-network provider</p> <p>\$20 copay per visit for each Medicare-covered Comprehensive service</p> <p>0% of the cost for in-network Diagnostic services.</p> <p>20% coinsurance of the cost for out-of-network Diagnostic services</p> <p>20% coinsurance for in-network Extractions, Restorative, Endodontic, Periodontic, and Non-routine services</p> <p>50% coinsurance for out-of-network Extractions, Restorative, Endodontic, Periodontic, and Non-routine services</p> <p>50% coinsurance for in and out-of-network Prosthodontics, Other Oral/Maxillofacial Surgery, and Other services</p>
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Vision Services

<p>Medicare-covered Eye Exams</p>	<p>\$20 copay</p>
<p>Routine Vision Exams</p>	<p>\$0 copay</p>
<p>Glaucoma Screenings</p>	<p>\$0 copay for one annual screening</p>
<p>Diabetic Retinopathy Screenings for Diabetics</p>	<p>\$0 copay for one annual screening</p>
<p>Eyewear (contacts, lenses, frames)</p>	<p>\$200 annual total benefit for eyewear or contact lenses</p>

Summary of Benefits	What You Will Pay
Hearing Services	
Medicare-covered Annual Hearing Exam	\$20 copay
Routine Hearing Exam performed by PCP	\$0 copay for basic hearing and balance exam
Hearing Exam performed by Audiologist	\$0 copay for exam to diagnose and treat hearing and balance
Hearing Aid(s)	\$400 annual total allowance for hearing aid(s), both ears combined
Opioid Treatment Program	
Medicare-covered Opioid Treatment visit	\$20 copay
Inpatient Hospital stay	\$350 copay per stay
Prior authorization rules may apply.	
Outpatient Substance Abuse	
Outpatient individual or group therapy visit	\$25 copay
Additional Health & Wellness Benefits	
Fitness Center Membership	\$0 copay for Fitness Program via home exercise kit program
<p>New and fun ways to get fit and stay healthy, the Silver & Fit program consists of:</p> <ul style="list-style-type: none"> ○ Being a member at a Silver & Fit fitness club or exercise center that participates in Memorial Hermann <i>Advantage</i> Golden Triangle HMO basic program is at no cost to you. You may choose to purchase additional buy-up services. Contact your exercise center. ○ The Silver & Fit Home Fitness program, if you cannot get to a fitness facility or prefer to work out at home. ○ Healthy Aging classes (online or DVD) ○ The Silver Slate® newsletter 4 times per year ○ The Silver & Fit website ○ A toll-free telephone hotline to answer questions about the program <p>Available contracted fitness club location must be utilized throughout the service area. Specific class offerings will vary by location.</p>	

Summary of Benefits

What You Will Pay

Healthy Advantage Wellness Rewards Program

Complete the following activities to earn rewards:

- Annual Health Risk Assessment
- Annual Wellness Visit
- Breast Cancer Screening
- Colon Cancer Screening
- Retinal Eye Exam

Earn up to **\$180** in gift card rewards for CMS-approved goods and services.

Case Management

A Case Manager is a Registered Nurse (RN) who provides one-on-one care to the member, with a focus on maintaining wellness and independence. Examples include:

- helping to understand a new diagnosis and how to manage it;
- finding a new in-network provider; and
- helping a member find community resources if they're struggling to pay bills or having trouble moving safely around their home

Medicare Part B Drugs

Chemotherapy / Radiation drugs

20% of the cost

Other Part B drugs

20% of the cost

Prior authorization is required for drugs over \$1,000.

Telephone/Virtual Services

Virtual visits through some Primary Care Physicians

\$0 copay

Specialist Virtual visits

\$25 copay

Urgently Needed services

\$25 copay

Individual and Group sessions for:

- Mental Health Specialty services
- Psychiatric services
- Outpatient Substance Abuse

\$0 copay

\$25 copay

\$25 copay

Memorial Hermann Virtual Office Visit

<https://www.memorialhermann.org/services/specialties/virtual-care/virtual-office-visit>

\$0 copay

24/7 Telephonic visit available through **Teladoc**

You may register or log in to Teladoc at

<https://www.teladoc.com/>.

\$0 copay

PRESCRIPTION DRUG BENEFITS (PART D)

Deductible Phase | \$0 deductible for Part D drugs

Initial Coverage Phase

During this stage, the plan pays its share of the cost of your drugs and **you pay your share of the cost.**

You stay in this Initial Coverage Stage until your **total drug costs** (total of all payments made for your covered Part D drugs) for the year reach **\$4,660**.

Initial Coverage	Retail Cost-sharing (In-Network) (30-day supply)	Retail Cost-sharing (In-Network) (90-day supply)	Mail Order Cost-sharing (90-day supply) through Costco
Tier 1: Preferred Generic	Preferred Pharmacy \$0 copay	Preferred Pharmacy \$0 copay	\$0 copay
Tier 2: Generic	\$5 copay	\$10 copay	\$10 copay
Tier 3: Preferred Brand	\$39 copay	\$78 copay	\$78 copay
Select Insulins (SI)	\$35 copay	\$70 copay	\$70 copay
Tier 4: Non-Preferred Drug	\$92 copay	\$184 copay	\$184 copay
Tier 5: Specialty	33% coinsurance	Not offered	Not offered
Tier 6: Select Care	\$0 copay	\$0 copay	\$0 copay

Cost-Sharing may change depending on the pharmacy you choose and when you enter a new phase of the Part D benefit.

Select Care Drugs (Tier 6) have low or no copayment for this tier and is limited to select generic medications commonly prescribed to treat ongoing health conditions like high blood pressure, cholesterol, and diabetes.

Select Insulins (SI) are limited insulin products that are selected as part of the CMS Senior Savings Model program at a reduced member copay. To find out which drugs are Select Insulins, review the most recent Drug List. If you receive Low-Income cost-sharing Subsidy (LIS), sometimes called Extra Help, you already have a set copayment and are not eligible for the savings on Select Insulins (SI) copayments. Only, non-LIS enrollees are eligible for the cost sharing for Select Insulins (SI).

Important Message About What You Pay for Vaccines – Our Plan covers most Part D vaccines at no cost to you. Call Customer Service for more information.

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Coverage Gap -

During this stage, you pay 25% of the price for brand name drugs (plus a portion of the dispensing fee) and 25% of the price for generic drugs.

You stay in this stage until your year-to-date “**out-of-pocket costs**” (total of all payments made for your covered Part D drugs) reach a total of **\$7,400**. This amount and rules for counting costs toward this amount have been set by Medicare.

Memorial Hermann *Advantage* Golden Triangle HMO offers additional gap coverage for Select Insulins (SI). During the Coverage Gap stage, your out-of-pocket costs for Select Insulins (SI) will be **\$35.00** for a 30-day supply.

Select Care Drugs (Tier 6) are available at **\$0** copayment at preferred pharmacies during the Coverage Gap stage.

Not everyone will enter the Coverage Gap.

Catastrophic Coverage -

You qualify for the Catastrophic Coverage Stage when your out-of-pocket drug costs have reached the **\$7,400** limit for the calendar year. Once you are in the Catastrophic Coverage Stage, you will stay in this payment stage until the end of the calendar year.

During this stage, the plan will pay most of the cost for your drugs.

- **Your share** of the cost for a covered drug will be either coinsurance or a copayment, whichever is the *larger* amount:
 - – *either* – coinsurance of 5% of the cost of the drug
 - –*Or*– \$4.15 for a generic drug or a drug that is treated like a generic and \$10.35 for all other drugs.

Our plan pays the rest of the cost.

Mail Order Pharmacy

Receive up to a 90-day supply of your drug through Costco. You do not need to be a Costco member to use their mail order pharmacy service.

Preferred Pharmacies

Prescription Drug costs may be less at pharmacies that offer preferred cost sharing. Retail pharmacies offering lower cost sharing are:

Costco
CVS
HEB
Wal-Mart
Select Memorial Hermann pharmacy locations

To find out more about the pharmacy network, please visit our site at:

<https://healthplan.memorialhermann.org/medicare-advantage/pharmacy-benefits/pharmacy-directory>

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